### **OTHER PROGRAMS AT JHSM**

#### Pardon/Record Suspension Program

If a dated criminal record is preventing you from finding employment, our caseworkers can help you apply for a record suspension or pardon.

#### **Reintegration Program**

To support individuals transitioning from incarceration to community, we provide free hygiene kits, men's work clothes, and classes on parenting, anger management, and healthy relationships.

#### **Bail Navigator Program**

For individuals on bail who want to improve the outcome of their involvement with the justice system, and need support to maintain their release conditions.

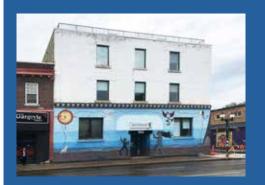
# Healing & Harm Reduction Addictions Program

This open-group program provides a safe space for men to talk about their substance use and create a plan to reduce harm to themselves and others.

#### Four Healing Roads Lodge Halfway House

An inclusive and welcoming halfway house for men traveling from a life of incarceration towards freedom and reintegration into the community.

Contact **office@johnhoward.mb.ca** for information about any of our programs.



The John Howard Society works with individuals who are in conflict with the law - before, during, and after incarceration. We provide support and guidance to individuals to empower them so they will not re-offend once they return to the community. Our programs and services help address the root causes of crime, and build healthy families and safer communities. All our services are offered for free and without judgement.

583 ELLICE AVENUE WINNIPEG, MANITOBA R3B 1Z7

Ph: 204-775-1514 office@johnhoward.mb.ca Fax: 204-775-1670

The John Howard Society of Manitoba is located on the original lands of the Anishinaabeg, Cree, Oji-Cree, Dakota and Dene peoples, and on the homeland of the Métis Nation.





## LITERACY DEPARTMENT

Free literacy services for adults who are in conflict with the law



We help participants improve the basic literacy skills they need for school, work, parenting, and community participation.

Change from the inside

## **DROP-IN SERVICES**

At our literacy classroom (583 Ellice Ave., Winnipeg), community members can drop in and get help with any of the following:

- Reading and writing Creating resumes tutoring
- Applying for jobs, schools, and government programs
- Filling out forms
- and cover letters
- Searching for information on the internet
- And much more!

Snacks, coffee, and books from our library are always available. Drop-in literacy services are offered year-round, Monday to Thursday afternoons from 1-4pm, no appointment needed.

## THE INSIDE SCOOP

The Inside Scoop is a magazine filled with poetry, stories, editorials, and artwork submitted by currently and formerly incarcerated folks

across the country. It is published four times a year and sent to correctional facilities across Canada. Find past issues of The Inside Scoop online at JohnHoward. mb.ca/Inside-Scoop



We welcome submis-

sions from all currently and formerly incarcerated writers and artists! Please include a signed waiver with your submission (found on the back page of every Scoop), and mail to:

The Inside Scoop John Howard Society of Manitoba 583 Ellice Avenue Winnipeg, MB R3B 1Z7

### **GET THE STORY OUT**

It can be difficult for incarcerated fathers, grandfathers, uncles, and brothers to stay connected to their families. Get the Story Out provides an opportunity for them to read a storybook to the children in their lives and maintain their relationship long-distance.



#### How the program works

Volunteers meet with inmates at the Winnipeg Remand Centre, Headingley Correctional Centre, and Milner Ridge Correctional Centre, and record them reading a storybook. The recording is saved to a CD, gift-wrapped with the book, and sent to the child.

## **COMMUNITY TUTORING**

In our one-to-one tutoring program, students can improve their reading, writing, and math skills, as well as general educational upgrading.

Learners set their own literacy goals and work with volunteer tutors to meet them in tutoring sessions every week or two.

We also have a lending library of fiction, non-fiction, and magazines for participants to read.

Please note that we cannot offer high school level courses or credits, nor do we give out diplomas or degrees.

## LITERACY WORKBOOKS

Our 20+ literacy workbooks cover topics ranging from anger and anxiety management to the principles of restorative justice, while providing an opportunity for learners to practice writing and reading comprehension skills.

Find all the workbooks for free online at JohnHoward.mb.ca/Workbook-Series

#### **Certificates of completion**

Learners are entitled to a certificate of completion for each workbook they finish. Here's how to receive a certificate of completion:

- If you're in a correctional institution: Contact your caseworker and they can contact us with the information. We will then issue you a certificate.
- If you're in the community: Contact us by phone or email (see below).

## **GET IN TOUCH**



To access any of these programs or services, please contact...

Anna Sigrithur, Literacy Coordinator 204-775-1514 ext. 112 asigrithur@johnhoward.mb.ca