

John Howard Society of Manitoba

COMMUNITY PROGRAMS

March 2023

Mon	Tue	Wed	Thu	Fri
The Literacy dept. offers 1- to-1 and small group online tutoring in basic reading, writing and math skills. As well as help with resumes, filling out forms, etc. <i>Flexible appointment's available</i>		<u>1</u>	2 Nobody Perfect Parenting 6pm-8:30 pm	<u>3</u>
6 <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm	7 Nobody Perfect Parenting 6pm-8:30 pm	8	9 Nobody Perfect Parenting 6pm-8:30 pm	10
13 <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm	14 End to Aggression –1 6pm-8:30 pm	15	16 End to Aggression –2 6pm-8:30 pm	17
20 <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm	21 End to Aggression –3 6pm-8:30 pm	22	23 End to Aggression-4 6pm-8:30 pm	24
27 <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm	28 End to Aggression-5 6pm-8:30 pm	29	30 End to Aggression –6 6pm-8:30 pm	

Office hours: Monday- Friday 8:30AM-4:30PM (Closed from 12pm-1pm) — 583 Ellice Ave. Winnipeg, MB R3B 1Z7 — Telephone: 204-775-1514

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COMMUNITY PROGRAMS

April 2023

Mon	Tue	Wed	Thu	Fri
3	4 End to Aggression-7 6pm-8:30 pm	5	6 End to Aggression-8 6pm-8:30 pm	7 <u>GOOD FRIDAY</u> <u>CLOSED</u>
10 <u>EASTER MONDAY</u> <u>CLOSED</u>	11 End to Aggression-9 6pm-8:30 pm	12	13 End to Aggression-10 6pm-8:30 pm	14
17 <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm	18	19	20	21
23 <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm	24 Introduction to Healthy Relationships-1 6pm-8:30pm	25	26 Introduction to Healthy Relationships-2 6pm-8:30pm	27
30 <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm				

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COMMUNITY PROGRAMS

May 2023

Mon	Tue	Wed	Thu	Fri
<p>1</p> <p><u>Healing and Harm Reduction Substance Use Program</u>— 6:00pm-8:30pm</p>	<p>2</p> <p>Coming to Terms-1 6pm-8:30 pm</p>	<p>3</p>	<p>4</p> <p>Coming to Terms-2 6pm-8:30 pm</p>	<p>5</p>
<p>8</p> <p><u>Healing and Harm Reduction Substance Use Program</u>— 6:00pm-8:30pm</p>	<p>9</p> <p>Coming to Terms-3 6pm-8:30 pm</p>	<p>10</p>	<p>11</p> <p>Coming to Terms-4 6pm-8:30 pm</p>	<p>12</p>
<p>15</p> <p><u>Healing and Harm Reduction Substance Use Program</u>— 6:00pm-8:30pm</p>	<p>16</p> <p>Coming to Terms-5 6pm-8:30 pm</p>	<p>17</p>	<p>18</p> <p>Coming to Terms-6 6pm-8:30 pm</p>	<p>19</p>
<p>22</p> <p><u>HOLIDAY</u> <u>CLOSED</u></p>	<p>23</p> <p>Coming to Terms-7 6pm-8:30 pm</p>	<p>24</p>	<p>25</p> <p>Coming to Terms-8 6pm-8:30 pm</p>	<p>26</p>
<p>29</p> <p><u>Healing and Harm Reduction Substance Use Program</u>— 6:00pm-8:30pm</p>	<p>30</p> <p>Coming to Terms-9 6pm-8:30 pm</p>	<p>31</p>		

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June 2023

Mon	Tue	Wed	Thu	Fri
The Literacy dept. offers 1- to-1 and small group online tutoring in basic reading, writing and math skills. As well as help with resumes, filling out forms, etc. <i>Flexible appointment's available</i>			1 Coming to Terms-10 6pm-8:30 pm	<u>2</u>
5 <u>Healing and Harm Reduction Substance Use Program</u> — 6:00pm-8:30pm	6 End to Aggression –1 6pm-8:30 pm	7	8 End to Aggression –2 6pm-8:30 pm	9
12 <u>Healing and Harm Reduction Substance Use Program</u> — 6:00pm-8:30pm	13 End to Aggression –3 6pm-8:30 pm	14	15 End to Aggression –4 6pm-8:30 pm	16
19 <u>Healing and Harm Reduction Substance Use Program</u> — 6:00pm-8:30pm	20 End to Aggression –5 6pm-8:30 pm	21 <u>HOLIDAY</u> <u>CLOSED</u>	22 End to Aggression –6 6pm-8:30 pm	23
26 <u>Healing and Harm Reduction Substance Use Program</u> — 6:00pm-8:30pm	27 End to Aggression –7 6pm-8:30 pm	28	29 End to Aggression –8 6pm-8:30 pm	30

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COMMUNITY PROGRAMS

July 2023

Mon	Tue	Wed	Thu	Fri
<p>3</p> <p><u>HOLIDAY</u> <u>CLOSED</u></p>	<p>4</p> <p>End to Aggression –9 6pm-8:30 pm</p>	<p>5</p>	<p>6</p> <p>End to Aggression –10 6pm-8:30 pm</p>	<p>7</p>
<p>10</p> <p><u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm</p>	<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>
<p>17</p> <p><u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm</p>	<p>18</p>	<p>19</p>	<p>20</p>	<p>21</p>
<p>24</p> <p><u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm</p>	<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>
<p>31</p> <p><u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm</p>				

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COMMUNITY PROGRAMS

August 2023

Mon	Tue	Wed	Thu	Fri
Jul 31	1	2	3	4
7 <u>HOLIDAY</u> <u>CLOSED</u>	8	9	10	11
14 <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm	15	16	17	18
21 <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm	22	23	24	25
28 <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm	29	30	31	Sept 1

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COMMUNITY PROGRAMS

September 2023

Mon	Tue	Wed	Thu	Fri
<p>The Literacy dept. offers 1- to-1 and small group online tutoring in basic reading, writing and math skills. As well as help with resumes, filling out forms, etc. <i>Flexible appointment's available</i></p>				<u>1</u>
<p>4</p> <p><u>HOLIDAY</u> <u>CLOSED</u></p>	5	6	7	8
<p>11</p> <p><u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm</p>	<p><u>12</u></p> <p>End to Aggression-1 6pm-8:30 pm</p>	<u>13</u>	<p><u>14</u></p> <p>End to Aggression-2 6pm-8:30 pm</p>	15
<p>18</p> <p><u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm</p>	<p><u>19</u></p> <p>End to Aggression-3 6pm-8:30 pm</p>	<u>20</u>	<p><u>21</u></p> <p>End to Aggression-4 6pm-8:30 pm</p>	22
<p>25</p> <p><u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm</p>	<p><u>26</u></p> <p>End to Aggression-5 6pm-8:30 pm</p>	<u>27</u>	<p><u>28</u></p> <p>End to Aggression-6 6pm-8:30 pm</p>	29

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COMMUNITY PROGRAMS

October 2023

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p><u>Healing and Harm Reduction Substance Use Program</u>— 6:00pm-8:30pm</p>	<p>3</p> <p>End to Aggression-7 6pm-8:30 pm</p>	<p>4</p>	<p>5</p> <p>End to Aggression-8 6pm-8:30 pm</p>	<p>6</p>
<p>9</p> <p><u>HOLIDAY</u> <u>CLOSED</u></p>	<p>10</p> <p>End to Aggression-9 6pm-8:30 pm</p>	<p>11</p>	<p>12</p> <p>End to Aggression-10 6pm-8:30 pm</p>	<p>13</p>
<p>16</p> <p><u>Healing and Harm Reduction Substance Use Program</u>— 6:00pm-8:30pm</p>	<p>17</p>	<p>18</p>	<p>19</p>	<p>20</p>
<p>23</p> <p><u>Healing and Harm Reduction Substance Use Program</u>— 6:00pm-8:30pm</p>	<p>24</p> <p>Introduction to Healthy Relationships-1 6pm-8:30pm</p>	<p>25</p>	<p>26</p> <p>Introduction to Healthy Relationships-2 6pm-8:30pm</p>	<p>27</p>
<p>30</p> <p><u>Healing and Harm Reduction Substance Use Program</u>— 6:00pm-8:30pm</p>	<p>31</p> <p>Coming to Terms-1 6pm-8:30 pm</p>			

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November 2023

Mon	Tue	Wed	Thu	Fri
The Literacy dept. offers 1- to-1 and small group online tutoring in basic reading, writing and math skills. As well as help with resumes, filling out forms, etc. <i>Flexible appointment's available</i>		<u>1</u>	2 Coming to Terms-2 6pm-8:30 pm	<u>3</u>
<u>6</u> <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm	7 Coming to Terms-3 6pm-8:30 pm	8	9 Coming to Terms-4 6pm-8:30 pm	10 <u>HOLIDAY</u> <u>CLOSED</u>
<u>13</u> <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm	14 Coming to Terms-5 6pm-8:30 pm	15	16 Coming to Terms-6 6pm-8:30 pm	17
<u>20</u> <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm	21 Coming to Terms-7 6pm-8:30 pm	22	23 Coming to Terms-8 6pm-8:30 pm	24
<u>27</u> <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm	28 Coming to Terms-9 6pm-8:30 pm	29	30 Coming to Terms-10 6pm-8:30 pm	

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December 2023

Mon	Tue	Wed	Thu	Fri
The Literacy dept. offers 1- to-1 and small group online tutoring in basic reading, writing and math skills. As well as help with resumes, filling out forms, etc. <i>Flexible appointment's available</i>				<u>1</u>
<u>4</u> <u>Healing and Harm Reduction</u> <u>Substance Use Program</u> — 6:00pm-8:30pm	5	6	7	8
<u>11</u> <u>Healing and Harm Reduction</u> <u>Substance Use Program</u> — 6:00pm-8:30pm	12 Nobody Perfect Parenting-1 6pm-8:30 pm	13	14 Nobody Perfect Parenting-2 6pm-8:30 pm	15
<u>18</u> <u>Healing and Harm Reduction</u> <u>Substance Use Program</u> — 6:00pm-8:30pm	19 Nobody Perfect Parenting-3 6pm-8:30 pm	20	21 Nobody Perfect Parenting-4 6pm-8:30 pm	22
<u>25</u> <u>HOLIDAY</u> <u>CLOSED</u>	26 <u>HOLIDAY</u> <u>CLOSED</u>	27	28	29

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COMMUNITY PROGRAMS

January 2024

Mon	Tue	Wed	Thu	Fri
Jan 1 <u>HOLIDAY</u> <u>CLOSED</u>	2	<u>3</u>	4	<u>5</u>
8 <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm	9 End to Aggression-1 6pm-8:30 pm	10	11 End to Aggression-2 6pm-8:30 pm	12
15 <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm	16 End to Aggression-3 6pm-8:30 pm	17	18 End to Aggression-4 6pm-8:30 pm	19
22 <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm	23 End to Aggression-5 6pm-8:30 pm	24	25 End to Aggression-6 6pm-8:30 pm	26
29 <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm	30 End to Aggression-7 6pm-8:30 pm			

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COMMUNITY PROGRAMS

February 2024

Mon	Tue	Wed	Thu	Fri
The Literacy dept. offers 1- to-1 and small group online tutoring in basic reading, writing and math skills. As well as help with resumes, filling out forms, etc. <i>Flexible appointment's available</i>			1 End to Aggression-8 6pm-8:30 pm	2
5 <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm	6 End to Aggression-9 6pm-8:30 pm	7	8 End to Aggression-10 6pm-8:30 pm	9
12 <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm	13	14	15	16
19 <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm	20 Introduction to Healthy Relationships-1 6pm-8:30pm	21	22 Introduction to Healthy Relationships-2 6pm-8:30pm	23
26 <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm	27 Coming to Terms-1 6pm-8:30 pm	28	29 Coming to Terms-2 6pm-8:30 pm	Mar 1

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COMMUNITY PROGRAMS

March 2024

Mon	Tue	Wed	Thu	Fri
<p>4</p> <p><u>Healing and Harm Reduction Substance Use Program</u>— 6:00pm-8:30pm</p>	<p>5</p> <p>Coming to Terms-3 6pm-8:30 pm</p>	<p>6</p>	<p>7</p> <p>Coming to Terms-4 6pm-8:30 pm</p>	<p>8</p>
<p>11</p> <p><u>Healing and Harm Reduction Substance Use Program</u>— 6:00pm-8:30pm</p>	<p>12</p> <p>Coming to Terms-5 6pm-8:30 pm</p>	<p>13</p>	<p>14</p> <p>Coming to Terms-6 6pm-8:30 pm</p>	<p>15</p>
<p>18</p> <p><u>Healing and Harm Reduction Substance Use Program</u>— 6:00pm-8:30pm</p>	<p>19</p> <p>Coming to Terms-7 6pm-8:30 pm</p>	<p>20</p>	<p>21</p> <p>Coming to Terms-8 6pm-8:30 pm</p>	<p>22</p>
<p>25</p> <p><u>Healing and Harm Reduction Substance Use Program</u>— 6:00pm-8:30pm</p>	<p>26</p> <p>Coming to Terms-9 6pm-8:30 pm</p>	<p>27</p>	<p>28</p> <p>Coming to Terms-10 6pm-8:30 pm</p>	<p>29</p>