

Coming To Terms for Men

Next session:

Nov 15-Dec 15

Tuesdays and Thursdays 6-8:30 pm 583 Ellice Ave

Come learn about alcohol and drugs and how they affect you and those around you.



This is a free 10-session information program, 2x per week for five weeks. You will receive information and talk in an open-group setting. We will discuss steps towards change and how to maintain growth.

To register, contact: **John Howard Society of Manitoba**: 583 Ellice Ave. Winnipeg MB Phone: 204-775-1514 ext 110 Email: twiebe@joh

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Change from the inside

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