

# John Howard Society of Manitoba

## COMMUNITY PROGRAMS

March 2022

Mon	Tue	Wed	Thu	Fri
The Literacy dept. offers 1- to-1 and small group online tutoring in basic reading, writing and math skills. As well as help with resumes, filling out forms, etc. <i>Flexible appointment's available</i>	1 <u>Triple P Parenting</u> 9 am to 12pm (1/4)	2	3 <u>Triple P Parenting</u> 9 am to 12pm (2/4)	4
7	8 <u>Triple P Parenting</u> 9 am to 12pm (3/4)	9	10 <u>Triple P Parenting</u> 9 am to 12pm (4/4)	11
14	15	16	17	18
21	22 <u>Coming to terms</u> 9am-12pm (1/10)	23	24 <u>Coming to terms</u> 9am-12pm (2/10)	25
28 <u>Healing and Harm Reduction Substance Use Program</u> — 6:00pm-8:30pm (1/22)	29 <u>Coming to terms</u> 9am-12pm (3/10)	30	31 <u>Coming to terms</u> 9am-12pm (4/10)	

Office hours: Monday- Friday 8:30AM-4:30PM (Closed from 12pm-1pm) — 583 Ellice Ave. Winnipeg, MB R3B 1Z7 — Telephone: 204-775-1514

# John Howard Society of Manitoba

## COMMUNITY PROGRAMS

April 2022

Mon	Tue	Wed	Thu	Fri
The Literacy dept. offers 1- to-1 and small group online tutoring in basic reading, writing and math skills. As well as help with resumes, filling out forms, etc. <i>Flexible appointment's available</i>				<u>1</u>
4 <u>Healing and Harm Reduction Substance Use Program</u> — 6:00pm-8:30pm (2/22)	5 <u>Coming to terms</u> 9am-12pm (5/10) (3/4)	6	7 <u>Coming to terms</u> 9am-12pm (6/10)	8
11 <u>Healing and Harm Reduction Substance Use Program</u> — 6:00pm-8:30pm (3/22)	12 <u>Coming to terms</u> 9am—12pm (7/10)	13	14 <u>Coming to terms</u> 9am-12pm (8/10)	15 <b>Office closed</b>
18 <b>Office closed</b>	19 <u>Coming to terms</u> 9am—12pm (9/10)	20	21 <u>Coming to terms</u> 9am—12pm (10/10)	22
25 <u>Healing and Harm Reduction Substance Use Program</u> — 6:00pm-8:30pm (4/22)	26	27	28	29

# John Howard Society of Manitoba

## COMMUNITY PROGRAMS

May 2022

Mon	Tue	Wed	Thu	Fri
<p>2 <u>Healing and Harm Reduction Substance Use Program</u>— 6:00pm-8:30pm (5/22)</p>	3	4	5	6
<p>9 <u>Healing and Harm Reduction Substance Use Program</u>— 6:00pm-8:30pm (6/22)</p>	<p>10 <u>End to Aggression</u> 9:00 am to 12 pm (1/10)</p>	11	<p>12 <u>End to Aggression</u> 9:00 am to 12 pm (2/10)</p>	13
<p>16 <u>Healing and Harm Reduction Substance Use Program</u>— 6:00pm-8:30pm (7/22)</p>	<p>27 <u>End to Aggression</u> 9:00 am to 12 pm (3/10)</p>	18	<p>19 <u>End to Aggression</u> 9:00 am to 12 pm (4/10)</p>	20
<p>23 <b>Office closed</b></p>	<p>24 <u>End to Aggression</u> 9:00 am to 12 pm (5/10)</p>	25	<p>26 <u>End to Aggression</u> 9:00 am to 12 pm (6/10)</p>	27
<p>30 <u>Healing and Harm Reduction Substance Use Program</u>— 6:00pm-8:30pm (8/22)</p>	<p>31 <u>End to Aggression</u> 9:00 am to 12 pm (7/10)</p>			

# John Howard Society of Manitoba

## COMMUNITY PROGRAMS

June 2022

Mon	Tue	Wed	Thu	Fri
The Literacy dept. offers 1- to-1 and small group online tutoring in basic reading, writing and math skills. As well as help with resumes, filling out forms, etc. <i>Flexible appointment's available</i>		<u>1</u>	<u>2</u> <u>End to Aggression</u> 9:00 am to 12 pm (8/10)	<u>3</u>
<u>6</u> <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm (9/22)	<u>7</u> <u>End to Aggression</u> 9:00 am to 12 pm (9/10)	<u>8</u>	<u>9</u> <u>End to Aggression</u> 9:00 am to 12 pm (10/10)	<u>10</u>
<u>13</u> <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm (10/22)	<u>14</u>	<u>15</u>	<u>16</u>	<u>17</u>
<u>20</u> <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm (11/22)	<u>21</u> <b>Office closed</b>	<u>22</u> <u>Introduction to Healthy</u> <u>Relationships-</u> 9:00am-12pm (1/2)	<u>23</u> <u>Introduction to Healthy Relationships-</u> 9:00am-12pm (2/2)	<u>24</u>
<u>27</u> <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm (12/22)	<u>28</u>	<u>29</u>	<u>30</u>	

# John Howard Society of Manitoba

## COMMUNITY PROGRAMS

July 2022

Mon	Tue	Wed	Thu	Fri
The Literacy dept. offers 1- to-1 and small group online tutoring in basic reading, writing and math skills. As well as help with resumes, filling out forms, etc. <i>Flexible appointment's available</i>				<u>1</u> Office closed
4 <u>Healing and Harm Reduction Substance Use Program</u> — 6:00pm-8:30pm (13/22)	5	6	7	8
11 <u>Healing and Harm Reduction Substance Use Program</u> — 6:00pm-8:30pm (14/22)	12	13	14	15
18 <u>Healing and Harm Reduction Substance Use Program</u> — 6:00pm-8:30pm (15/22)	19	20	21	22
25 <u>Healing and Harm Reduction Substance Use Program</u> — 6:00pm-8:30pm (16/22)	26	27	28	29

# John Howard Society of Manitoba

## COMMUNITY PROGRAMS

August 2022

Mon	Tue	Wed	Thu	Fri
1 Office closed	2	3	4	5
8 <u>Healing and Harm Reduction Substance Use Program</u> — 6:00pm-8:30pm (17/22)	9	10	11	12
15 <u>Healing and Harm Reduction Substance Use Program</u> — 6:00pm-8:30pm (18/22)	16	17	18	19
22 <u>Healing and Harm Reduction Substance Use Program</u> — 6:00pm-8:30pm (19/22)	23	24	25	26
29 <u>Healing and Harm Reduction Substance Use Program</u> — 6:00pm-8:30pm (20/22)	30	31		

# John Howard Society of Manitoba

## COMMUNITY PROGRAMS

September 2022

Mon	Tue	Wed	Thu	Fri
The Literacy dept. offers 1- to-1 and small group online tutoring in basic reading, writing and math skills. As well as help with resumes, filling out forms, etc. <i>Flexible appointment's available</i>			1	<u>2</u>
5 <b>Office closed</b>	6	7	8	9
12 <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm (21/22)	<u>13</u> <u>NEW TIME:</u> <u>End to Aggression</u> <u>6:00pm-8:30pm (1/10)</u>	<u>14</u>	<u>15</u> <u>NEW TIME:</u> <u>End to Aggression</u> <u>6:00pm-8:30pm (2/10)</u>	16
19 <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm (22/22)	<u>20</u> <u>NEW TIME:</u> <u>End to Aggression</u> <u>6:00pm-8:30pm (3/10)</u>	<u>21</u>	<u>22</u> <u>NEW TIME:</u> <u>End to Aggression</u> <u>6:00pm-8:30pm (4/10)</u>	23
26 <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm (1/22)	<u>27</u> <u>NEW TIME:</u> <u>End to Aggression</u> <u>6:00pm-8:30pm (5/10)</u>	<u>28</u>	<u>29</u> <u>NEW TIME:</u> <u>End to Aggression</u> <u>6:00pm-8:30pm (6/10)</u>	30

# John Howard Society of Manitoba

## COMMUNITY PROGRAMS

October 2022

Mon	Tue	Wed	Thu	Fri
<b>3</b> <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm (2/22)	<b>4</b> <i>NEW TIME:</i> <u>End to Aggression</u> 6:00pm-8:30pm (7/10)	<b>5</b>	<b>6</b> <i>NEW TIME:</i> <u>End to Aggression</u> 6:00pm-8:30pm (8/10)	<b>7</b>
<b>10</b> <b>Office closed</b>	<b>11</b> <i>NEW TIME:</i> <u>End to Aggression</u> 6:00pm-8:30pm (9/10)	<b>12</b>	<b>13</b> <i>NEW TIME:</i> <u>End to Aggression</u> 6:00pm-8:30pm (10/10)	<b>14</b>
<b>17</b> <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm (3/22)	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>24</b> <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm (4/22)	<b>25</b> <i>NEW TIME:</i> <u>Introduction to Healthy Relationships-</u> 6:00pm-8:30pm (1/2)	<b>26</b>	<b>27</b> <i>NEW TIME:</i> <u>Introduction to Healthy Relationships-</u> 6:00pm-8:30pm (1/2)	<b>28</b>
<b>31</b> <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm (5/22)				

Office hours: Monday- Friday 8:30AM-4:30PM (Closed from 12pm-1pm) — 583 Ellice Ave. Winnipeg, MB R3B 1Z7 — Telephone: 204-775-1514



# John Howard Society of Manitoba

## COMMUNITY PROGRAMS

November 2022

Mon	Tue	Wed	Thu	Fri
<p>The Literacy dept. offers 1- to-1 and small group online tutoring in basic reading, writing and math skills. As well as help with resumes, filling out forms, etc. <i>Flexible appointment's available</i></p>	<p>1 <i>NEW TIME:</i> <u>Nobody's Perfecting Parenting—</u> 6:00pm-8:30pm (1/4)</p>	<p>2</p>	<p>3 <i>NEW TIME:</i> <u>Nobody's Perfecting Parenting—</u> 6:00pm-8:30pm (2/4)</p>	<p>4</p>
<p>7 <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm (6/22)</p>	<p>8 <i>NEW TIME:</i> <u>Nobody's Perfecting Parenting—</u> 6:00pm-8:30pm (3/4)</p>	<p>9</p>	<p>10 <i>NEW TIME:</i> <u>Nobody's Perfecting Parenting—</u> 6:00pm-8:30pm (4/4)</p>	<p>11 <b>Office closed</b></p>
<p>14 <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm (7/22)</p>	<p>15 <i>NEW TIME:</i> <u>Coming to terms</u> 6:00pm-8:30pm (1/10)</p>	<p>16</p>	<p>17 <i>NEW TIME:</i> <u>Coming to terms</u> 6:00pm-8:30pm (2/10)</p>	<p>18</p>
<p>21 <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm (8/22)</p>	<p>22 <i>NEW TIME:</i> <u>Coming to terms</u> 6:00pm-8:30pm (3/10)</p>	<p>23</p>	<p>24 <i>NEW TIME:</i> <u>Coming to terms</u> 6:00pm-8:30pm (4/10)</p>	<p>25</p>
<p>28 <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm (9/22)</p>	<p>29 <i>NEW TIME:</i> <u>Coming to terms</u> 6:00pm-8:30pm (5/10)</p>	<p>30</p>		

# John Howard Society of Manitoba

## COMMUNITY PROGRAMS

December 2022

Mon	Tue	Wed	Thu	Fri
The Literacy dept. offers 1- to-1 and small group online tutoring in basic reading, writing and math skills. As well as help with resumes, filling out forms, etc. <i>Flexible appointment's available</i>			1 <i>NEW TIME:</i> <u>Coming to terms</u> 6:00pm-8:30pm (6/10)	2
5 <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm (10/22)	6 <u>Coming to terms</u> 6:00pm-8:30pm (7/10)	7	8 <i>NEW TIME:</i> <u>Coming to terms</u> 6:00pm-8:30pm (8/10)	9
12 <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm (11/22)	13 <i>NEW TIME:</i> <u>Coming to terms</u> 6:00pm-8:30pm (9/10)	14	15 <i>NEW TIME:</i> <u>Coming to terms</u> 6:00pm-8:30pm (10/10)	16
19 <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm (12/22)	20	21	22	23
26 <b>Office closed</b>	27	28	29	30

# John Howard Society of Manitoba

## COMMUNITY PROGRAMS

January 2023

Mon	Tue	Wed	Thu	Fri
<b>2</b> <a href="#">Healing and Harm Reduction Substance Use Program</a> — 6:00pm-8:30pm (13/22)	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>9</b> <a href="#">Healing and Harm Reduction Substance Use Program</a> — 6:00pm-8:30pm (14/22)	<b>10</b> NEW TIME: <a href="#">End to Aggression</a> 6:00pm-8:30pm (1/10)	<b>11</b>	<b>12</b> NEW TIME: <a href="#">End to Aggression</a> 6:00pm-8:30pm (2/10)	<b>13</b>
<b>15</b> <a href="#">Healing and Harm Reduction Substance Use Program</a> — 6:00pm-8:30pm (15/22)	<b>17</b> NEW TIME: <a href="#">End to Aggression</a> 6:00pm-8:30pm (3/10)	<b>18</b>	<b>19</b> NEW TIME: <a href="#">End to Aggression</a> 6:00pm-8:30pm (4/10)	<b>20</b>
<b>23</b> <a href="#">Healing and Harm Reduction Substance Use Program</a> — 6:00pm-8:30pm (16/22)	<b>24</b> NEW TIME: <a href="#">End to Aggression</a> 6:00pm-8:30pm (5/10)	<b>25</b>	<b>26</b> NEW TIME: <a href="#">End to Aggression</a> 6:00pm-8:30pm (6/10)	<b>27</b>
<b>30</b> <a href="#">Healing and Harm Reduction Substance Use Program</a> — 6:00pm-8:30pm (17/22)	<b>31</b> NEW TIME: <a href="#">End to Aggression</a> 6:00pm-8:30pm (7/10)			

# John Howard Society of Manitoba

## COMMUNITY PROGRAMS

February 2023

Mon	Tue	Wed	Thu	Fri
The Literacy dept. offers 1- to-1 and small group online tutoring in basic reading, writing and math skills. As well as help with resumes, filling out forms, etc. <i>Flexible appointment's available</i>		<u>1</u>	2 <i>NEW TIME:</i> <u>End to Aggression</u> 6:00pm-8:30pm (8/10)	<u>3</u>
6 <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm (18/22)	7 <i>NEW TIME:</i> <u>End to Aggression</u> 6:00pm-8:30pm (9/10)	8	9 <i>NEW TIME:</i> <u>End to Aggression</u> 6:00pm-8:30pm (10/10)	10
13 <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm (19/22)	14	15	16	17
20 <b>Office closed</b>	21 <u>Introduction to Healthy Relationships-</u> 9:00am-12pm (1/2)	22	23 <u>Introduction to Healthy Relationships-</u> 9:00am-12pm (2/2)	24
27 <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm (20/22)	28 <u>Nobody's Perfecting Parenting—</u> 9:00am-12pm (1/4)			

# John Howard Society of Manitoba

## COMMUNITY PROGRAMS

March 2023

Mon	Tue	Wed	Thu	Fri
The Literacy dept. offers 1- to-1 and small group online tutoring in basic reading, writing and math skills. As well as help with resumes, filling out forms, etc.		<u>1</u>	2 <u>Nobody's Perfecting Parenting—</u> 9:00am-12pm (2/4)	<u>3</u>
6 <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm (21/22)	7 <u>Nobody's Perfecting Parenting—</u> 9:00am-12pm (3/4)	8	9 <u>Nobody's Perfecting Parenting—</u> 9:00am-12pm (4/4)	10
13 <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm (22/22)	14 <u>End to Aggression</u> <u>6:00 pm to 8:30 pm (1/10)</u>	15	16 <u>End to Aggression</u> <u>6:00 pm to 8:30 pm (2/10)</u>	17
20 <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm (1/22)	21 <u>End to Aggression</u> <u>6:00 pm to 8:30 pm (3/10)</u>	22	23 <u>End to Aggression</u> <u>6:00 pm to 8:30 pm (4/10)</u>	24
27 <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm (2/22)	28 <u>End to Aggression</u> <u>6:00 pm to 8:30 pm (5/10)</u>	29	30 <u>End to Aggression</u> <u>6:00 pm to 8:30 pm (6/10)</u>	31

# John Howard Society of Manitoba

## COMMUNITY PROGRAMS

April 2023

Mon	Tue	Wed	Thu	Fri
<b>3</b> <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm (3/22)	<b>4</b> <u>End to Aggression</u> 6:00 pm to 8:30 pm (7/10)	<b>5</b>	<b>6</b> <u>End to Aggression</u> 6:00 pm to 8:30 pm (8/10)	<b>7</b>
<b>10</b> Office closed	<b>11</b> <u>End to Aggression</u> 6:00 pm to 8:30 pm (9/10)	<b>12</b>	<b>13</b> <u>End to Aggression</u> 6:00 pm to 8:30 pm (10/10)	<b>14</b>
<b>17</b> <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm (4/22)	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>24</b> <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm (5/22)	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>31</b> <u>Healing and Harm Reduction</u> <u>Substance Use Program—</u> 6:00pm-8:30pm (6/22)				

# John Howard Society of Manitoba

## COMMUNITY PROGRAMS

May 2023

Mon	Tue	Wed	Thu	Fri
<b>1</b> <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm (7/22)	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>8</b> <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm (8/22)	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>15</b> <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm (9/22)	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>22</b> <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm (10/22)	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>29</b> <u>Healing and Harm Reduction Substance Use Program—</u> 6:00pm-8:30pm (11/22)	<b>30</b>	<b>31</b>		