

Community Group:
Monday evenings

Dazhi-Mino'ayaawin
A place of good health

John Howard

THE JOHN HOWARD SOCIETY OF MANITOBA



Healing & Harm Reduction Substance Use Program

This is a safe place for men to talk about their substance use, build healthy supports and create individualized case plans specific to fit their needs.

We offer one-to-one support from a caseworker and access to a Knowledge Keeper.

- 22 open-group sessions
- Harm-reduction model
- Incorporates Indigenous culture and spirituality
- Participants receive a progress report and certificate upon completion of all sessions

Change from the inside

Time: Monday evenings
6:00 - 8:30 p.m.

Format: Sessions are currently facilitated online over zoom (due to current covid-19 restrictions). Participants require a device with a camera and access to wifi

Brochure: johnhoward.mb.ca/healing

For more info, to make a referral, or to book an intake, contact:

Melissa Nolin BSW, RSW
204-775-1514 ext. 108
mnolin@johnhoward.mb.ca

or

Robert DeCoste
204-775-1514 ext. 107
rdecoste@johnhoward.mb.ca